The following are code templates for a command. Which one? Which of the two is both more commonly used and more efficient? \textbf{Answer:} the while command; the first one.

1. \texttt{execute [while E do C] =}
   \texttt{JUMP h}
   \texttt{g: execute [C]}
   \texttt{h: evaluate[E]}
   \texttt{JUMPIF(1) g}

2. \texttt{execute [while E do C] =}
   \texttt{g: evaluate [E]}
   \texttt{JUMPIF(0) h}
   \texttt{execute[C]}
   \texttt{JUMP g}
   \texttt{h:}